

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT



Manufacturer: HvdroSwell. LLC

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www.hydroswell.com/collections/front-

page/products/proloco



USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

PRO - Balanced Electrolytes/RapidHydration

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity

HydroSwell ProLoco

Description: (from Manufacturer's Website) Refreshing Protein-Powered Hydration.

Primary Application(s):

Sports Activity (Fitness)

Beverage Form:

Powder - Bulk

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Alleraens: (Ingredient Related)

None

Price per Serving:** \$1.75
3rd Party Certifications:

Keto-Paleo Friendly, Gluten Free

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Pina Colada, Acai Berry, Mango Lime

Highly Recommended

Rating: **84.3** points



Nutrition	Facts
20 servings per bag Serving size	1 Scoop (13 g)
Amount per serving Calories	32
	% Daily Value
Total Fat Og Saturated Fat Og Trans Fat Og	0%
Cholesterol 0a	0%
Sodium 148 mg	6%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 8 _g	
Vitamin D 0mg	0%
Calcium 75mg	6%
Iron 0mg	0%
Potassium 290mg	6 %
Vitamin B3 16mg	100 %
Vitamin B5 5mg	100 %
Vitamin B6 1600mcg	100 %
Vitamin B12 2.4mcg	100%
Vitamin C 90 _{mg}	100%
Magnesium160mg	38 %
Chloride 300mg	13%

Ingredients

Whey Protein Isolate, Citric Acid, Dimagnesium Malate, Natural Flavors, Potassium Citrate, Sodium Chloride, DiCalcium Malate, Potassium Chloride, Malic Acid, Stevia Leaf Extract, Vitamin C (Ascorbic Acid), Vitamin B3 (Niacinamide), Natural Colors, Vitamin B5 (P-Calcium Pantothenate), Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B12 (Methylcobalamin).

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