

# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

## USBRB Commentary (PROS/CONS):

### Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

### Electrolyte Content:

CON - Slightly High Amount of Electrolytes

### Electrolyte Balance:

CON - Unbalanced Electrolytes

### Flavoring:

CON - Contains Some Artificial Flavor(s)

### Coloring:

CON - Contains Artificial Color(s)

### Sugar Content:

PRO - Limited or No Sugar

### Sweetener(s):

MIXED - Contains Both Natural and Artificial Sweeteners, PRO - Does Not Contain Stevia

### Glycemic Index:

NEUTRAL - Medium Glycemic Index

### Sodium Content:

NEUTRAL - Moderate Sodium

### Stimulants:

PRO - Stimulant Free

### Aids Recovery:

PRO - Aids Recovery

### Provides Energy:

PRO - Boosts Energy

### Other Functional Benefits:

PRO - Provides Endurance Support



Manufacturer:  
Amazon.com, Inc.

Phone: 888-280-4331

Email: [cs-reply@amazon.com](mailto:cs-reply@amazon.com)

[www.amazon.com/Basic-Care-Advantage-Electrolyte-Solution/dp/B07KK566V3](https://www.amazon.com/Basic-Care-Advantage-Electrolyte-Solution/dp/B07KK566V3)



## Amazon Basics Care

### Description: (from Manufacturer's Website)

Replenishes Fluids, Zinc and Electrolytes to Help Prevent Mild to Moderate Dehydration Due to Vomiting and Diarrhea, Intense Exercise, Heat Exhaustion and Travel.

### Primary Application(s):

Clinical/Medical Supplement, Extreme Workouts

### Beverage Form:

Ready to Drink

### Beverage Base:

Still Water Water

### Label (and Other) Warnings:

Use Under Medical Supervision, Not for Children (under 1), Consumption Level Warning

### Allergens: (Ingredient Related)

Milk and/or Eggs

Price per Serving:\*\* \$1.67

### 3rd Party Certifications:

None

### Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Cherry Punch, Strawberry Lemonade, Blue Raspberry, Iced Grape, Unflavored

Not Recommended

Rating: **54.2** points



## Nutrition Facts

About 3 servings per container

Serving size **12 fl oz (360 mL)**

## Calories

	Per serving	Per container
	<b>25</b>	<b>70</b>
	% DV*	% DV*
<b>Total Fat</b>	0g <b>0%</b>	0g <b>0%</b>
<b>Sodium</b>	370mg <b>16%</b>	1030mg <b>45%</b>
<b>Total Carbohydrate</b>	6g <b>2%</b>	16g <b>6%</b>
Total Sugars	6g	16g
Incl. Added Sugars	6g <b>12%</b>	16g <b>32%</b>
<b>Protein</b>	0g	0g
Potassium	280mg <b>6%</b>	780mg <b>15%</b>
Zinc	2.8mg <b>25%</b>	7.8mg <b>70%</b>
Chloride	440mg <b>20%</b>	1240mg <b>50%</b>

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium and iron.

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

Water, Dextrose, Less Than 1% Of: Galactooligosaccharides, Citric Acid, Natural and Artificial Flavor, Potassium Citrate, Salt, Sodium Citrate, Sucralose, Acesulfame Potassium, Zinc Gluconate and Red 40. Contains Milk.

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