

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

CON - Contains Excessive Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity



Manufacturer:

CarboRocket

Phone: 801-580-6479

Email: info@carborocket.com

<https://carborocket.com/products/carborocket-hydration-electrolyte-drink>



Carbo Rocket Electrolyte Hydration Drink

Description: (from Manufacturer's Website)

Fast-Paced Hydration to Train Longer and Race Farther. Hydrate Before and During Exercise.

Price per Serving:** \$1.25

3rd Party Certifications:

Natural, Vegan, Gluten Free

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Kiwi Lime, Raspberry Lemonade

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Powder - Bulk

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Not Recommended

Rating: **58.3** points



Nutrition Facts

Serving Size: 1 scoop (32g)

Servings Per Container: 20

Amount Per Serving

Calories 108 Calories from Fat 0

% Daily Value*

Total Carbohydrate 27g 5%

Sugars 18g

Dietary fiber 0g

Protein 0g

Sodium 331mg 14%

Calcium 59mg 6%

Potassium 125mg 3%

Magnesium 29mg 7%

Vitamin C 250mg 400%

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients

Maltodextrin, Fructose, Sodium Citrate, Citric Acid, Natural Flavor, Ascorbic Acid, L-Glutamine, Dicalcium Malate, Dipotassium Phosphate, Dimagnesium Malate.

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