

# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

## USBRB Commentary (PROS/CONS):

### Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

### Electrolyte Content:

PRO - Proper Amount of Electrolytes

### Electrolyte Balance:

CON - Unbalanced Electrolytes

### Flavoring:

PRO - Contains Natural Flavor(s)

### Coloring:

CON - Contains Artificial Color(s)

### Sugar Content:

PRO - Limited or No Sugar

### Sweetener(s):

MIXED - Contains Both Natural and Artificial Sweeteners, PRO - Does Not Contain Stevia

### Glycemic Index:

NEUTRAL - Medium Glycemic Index

### Sodium Content:

NEUTRAL - Moderate Sodium

### Stimulants:

PRO - Stimulant Free

### Aids Recovery:

PRO - Aids Recovery

### Provides Energy:

PRO - Boosts Energy

### Other Functional Benefits:

PRO - Bolsters Immunity



### Manufacturer:

MuscleBlaze/Bright Lifecare Pvt. Ltd.

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[www.muscleblaze.com/sv/muscleblaze-hydr8-pro/SP-101824](http://www.muscleblaze.com/sv/muscleblaze-hydr8-pro/SP-101824)



## MuscleBlaze Hydr8 Pro

### Description: (from Manufacturer's Website)

Powered by Our Unique Hydro Infusion Technology (HIT) to Deliver Instant Rehydration, Based on the Principle of Osmolarity, it Uses Optimum Concentrations of Sugar and Electrolytes Added to a Defined Quantity of Water, Which Leads to Enhanced Absorption of Water and Other Key In-

### Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

### Beverage Form:

Powder - Pre-Measured

### Beverage Base:

Still Water

### Label (and Other) Warnings:

None

### Allergens: (Ingredient Related)

None

Price per Serving:\*\* N/A

### 3rd Party Certifications:

None

### Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Lemon Lime, Orange Zest

Poor Choice

Rating: **69.1** points



## Supplement Facts

Serving Size: 1 scoop (27.3g)

Servings per Container: 50 Calories: **100**

	% Daily Value *
<b>Total Fat</b> 0g	0%
Saturated Fat 0g	0%
<b>Total Carbohydrates</b> 24g	9%
Total Sugar 10g	**
<b>Calcium</b> 16mg	<1%
<b>Magnesium</b> 4mg	<1%
<b>Chloride</b> 40mg	2%
<b>Sodium</b> 30mg	1%
<b>Potassium</b> 23mg	<1%

**Electrolyte Blend** 200mg

Sodium Chloride, Potassium Citrate, Magnesium Citrate, Calcium Carbonate

\*Percent Daily Value is based on a 2,000 calorie diet.  
\*\* Daily Value not Established.

### Ingredients

Sugar Powder, Dextrose Anhydrous, Fruit Powder, Sodium Chloride, Maltodextrin, Acidity Regulator (INS 330), Potassium Chloride, Sucralose Sweetener (INS 955), Nature Identical Flavoring Substance, Ascorbic Acid, Zinc Sulphate, Synthetic Food Color (INS 110).

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