

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT



Manufacturer: Cirkul. Inc.

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https://drinkcirkul.com/collections/lifesip



USBRB Commentary (PROS/CONS):

Hydration Capabilities:

CON - Limited Hydration Capabilities

Electrolyte Content:

CON - No Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

CON - Contains Only Artificial Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

CON - No Recovery Ingredient(s)

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits

Cirkul LifeSip Hydrate

Description: (from Manufacturer's Website)

Enriched with B Vitamins to Fuel Your Everyday. Delicious, Zero Calories, Vitamin Enhanced. (These Flavors Use an Artificial Sweetener - Sucralose)

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Liquid Concentrate

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Alleraens: (Ingredient Related)

None

Price per Serving:** \$0.29
3rd Party Certifications:

Vone

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Honeycrisp Apple, Fruit Punch, Strawberry Kiwi, Peach Mango, Watermelon, Coconut Pineapple, Raspberry Lemonade, Sweet Tea & Lemon, Lemonade.

Poor Choice

Rating: **60.0** points USBRB 202



Nutrition Facts

About 13 servings per container

Servings size: 0.05 fl oz (1.5mL)

Amount per serving

Calories

| <u> </u> |
|----------------|
| % Daily Value* |
| 0% |
| 0% |
| 0% |
| |
| 0% |

Protein 0g

Total Fat 0g

Sodium 0mg

Total Carbohydrates 0g

Includes 0g Added Sugars

Total Sugar 0g

| Niacin 0.5mg | 4% |
|---------------------------------|----|
| Vitamin B₅ 0.06mg | 4% |
| Vitamin B ₁₂ 0.08mcg | 4% |
| Pantothenic Acid 0.2mg | 4% |

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Filtered Water, Natural Flavors, Sucralose, Citric Acid, Lactic Acid, Phosphoric Acid, Niacinamide, Sodium Benzoate (Preservative), Potassium Sorbate (Preservative), Calcium Pantothenate, Pyridoxine Hydrochloride, Cyanocobalamin (Vitamin B12).

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Statements Regarding Functional Ingredients Have Not Been Evaluated by the FDA or the USBRB. While Sports and Hydration Drinks Can Provide Real Benefits, They are Not Intended to Diagnose, Treat, Cure, or Prevent any Disease or Health Condition. * Flavor/Color Criteria Addresses the Entire Range of Flavors. ***Product Pricing is a Market Estimate Taken at the Time of Publication. Manufacturer's Information is Subject to Change - Always Review Nutrition Facts on the Product Package for the Latest Information Before Consuming, Other Sizes and Forms May be Available - Consult the Manufacturer for the Latest Information. If You Have Any Questions Consult a Physician Before Consuming Any Product. If You are the Manufacturer of this Product (or an Authorized Agent) and You See and Errors in the Information, Please Contact us at info@usbrb.org.