

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

CON - Contains Excessive Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

CON - Contains Stimulant(s)

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity



Manufacturer:
UPTIME Energy

Phone: 800-441-5656

Email: webcs@uptimeenergy.com

www.uptimeenergy.com/collections/energy-drinks



UPTIME Premium Energy Drink

Description: (from Manufacturer's Website)

The Better for You Premium Energy Drink That is Non-GMO, with Zero Sodium. Our Exclusive Blend of Ingredients Will Help You Feel Great and Perform at Your Best. Contains 142mg Caffeine per Serving.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness), Immunity, Energy/Caffeine

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

Not for Children, Do Not Use if Caffeine Sensitive, Do Not Use if Pregnant, Not for Nursing Mothers

Allergens: (Ingredient Related)

None

Price per Serving:** \$2.67

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Blood Orange, Original Citrus, White Peach Lemonade, Ruby Red Grapefruit

Not Recommended

Rating: **49.9** points



Nutrition Facts

Serving Size: 1 bottle (355ml)
Servings per Container: 1 **Calories: 150**

	% Daily Value *
Total Fat 0g	0%
Sodium 0mg	0%
Total Carbohydrate 38g	13%
Total Sugars 37g	
Includes 37g Added Sugars	74%
Protein 0g	
Calcium 115mg	8%
Vitamin C 9mg	10%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, Vitamin A, C, calcium and iron.

*Percent Daily Value is based on a 2,000 calorie diet.
** Daily Value not Established.

Ingredients

Filtered Carbonated Water, Citric Acid, Natural Flavors, Calcium Citrate, Natural Caffeine, Potassium Benzoate (Preservative), Potassium Sorbate (Preservative), Sucralose, L-Theanine, Panax Ginseng Root Extract, Angelica Root Extract, Ascorbic Acid, Coenzyme Q10. Contains 142mg Caffeine per Serving.

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