

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Low Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

CON - Contains Stimulant(s)

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:
Trace Minerals

Phone: 800-374-7096

Email: support@traceminerals.com

www.traceminerals.com/products/max-hydrate-energy



Trace Minerals Max-Hydrate Energy Tablets with Caffeine

Description: (from Manufacturer's Website)

Convenient, Great-Tasting, Fizzing Tablet That Provides Elite Levels of Electrolytes to Help Avoid Muscle Cramping and Fatigue. Contains 30mg Caffeine.

Price per Serving:** \$1.37

3rd Party Certifications:

Gluten Free, Non-GMO, Vegan

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Orange

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Tablet(s)

Beverage Base:

Effervescent

Label (and Other) Warnings:

Not for Children, Do Not Use if Caffeine Sensitive, Do Not Use if Pregnant, Not for Nursing Mothers

Allergens: (Ingredient Related)

None

Acceptable

Rating: **71.5** points



Supplement Facts

Serving Size 1 Tablet (4.4 g)
Servings Per Container 40

Amount Per Serving	%DV
Calories	15
Total Carbohydrate	3g 1%*
Calcium (Tri-Calcium Phosphate)	10mg 1%
Magnesium (as Magnesium Citrate)	50mg 12%
Sodium (Sodium Bicarbonate)	150mg 7%
Potassium (Potassium Bicarbonate)	200mg 4%
Caffeine (from Green Tea Extract)	50mg **

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Ingredients

Non-GMO Citric Acid, Green Tea Extract, Xylitol, Inulin, Non-GMO Corn Starch, Natural Orange Flavor, Steviol Glycosides (Stevia), Natural Colors [Beet (Beta Vulgaris) Root Juice Powder, Lutein]. Contains 30mg Caffeine per Serving.

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