

# **2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT**



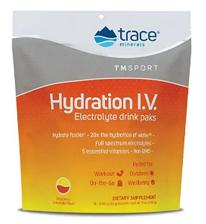
Manufacturer: Trace Minerals

Phone: 800-374-7096

Email: support@traceminerals.com

www.traceminerals.com/search?type=pro-

duct&q=hydration+i.v.



### **USBRB Commentary** (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavorina:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

CON - Contains Excessive Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity

Description: (from Manufacturer's Website)

20 Times the Hydrating Power of Spring Water Because of its Full Spectrum of Electrolytes.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Alleraens: (Ingredient Related)

None

## **Trace Minerals Hydration I.V.**

Price per Serving:\*\* \$1.87 3rd Party Certifications:

Gluten Free, Non-GMO, Vegan

Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Raspberry Lemonade, Strawberry Coconut

## **Poor Choice**

Rating: **66.4** points



# **Supplement Facts**

Serving Size 1 packet (16 g)

Amount Per Serving		%DV
Calories	50	
Total Carbohydrate	12g	4%*
Total Sugars	11g	**
Includes 10g Added Sugars		20%*
Vitamin C ( as Ascorbic Acid)	99mg	110%
Niacin (as Niacinamide)	18mg	110%
Vitamin B6 (as Pyridoxine HCI)	1.9mg	110%
Vitamin B12 (as Cyanocobalamin)	2.65mcg	110%
Pantothenic Acid (as Calcium D-Pantothenate)	5.5mg	110%
Phosphorus (as Dipotassium Phosphate)	50mg	4%
Sodium (from Sodium Chloride, Sodium Citrate, ITM)	500mg	22%
Potassium (from Potassium Citrate, Dipotassium Phosphate)	) 370mg	8%
Ionic Trace Mineral (ITM) & Electrolyte Complex	100mg	**
*Percent Daily Values (DV) are based on a 2.000 calorie of	liet.	

Ingredients

\*Daily Value (DV) not established.

Sucrose, Dextrose, Citric Acid, Natural Flavoring (3%), Electrolytes (Sodium, Chloride, Calcium Lactate, Potassium Chloride, Magnesium Carbonate).

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