

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

CON - Contains Stimulant(s)

Aids Recovery:

CON - No Recovery Ingredient(s)

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:
VZ Nutrition LLC

Phone: 801-620-0042

Email: support@livezeal.com

www.livezeal.com/products/electrolyte-powder-recovery-drink-energy-90-servings-pink-lemonade



Vela Nutrition Electrolytes + Energy

Description: (from Manufacturer's Website)

Enhanced Electrolytes + Energy Including BCAAs and Real Salt. Contains 120mg Caffeine.

Price per Serving:** \$0.29

3rd Party Certifications:

Non-GMO, Gluten Free

Primary Application(s):

Daily Hydration

Beverage Form:

Powder - Bulk

Beverage Base:

Still Water

Label (and Other) Warnings:

Not for Children, Do Not Use if Caffeine Sensitive, Do Not Use if Pregnant, Not for Nursing Mothers

Allergens: (Ingredient Related)

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Green Apple, Lemon Berry, Peach Mango, Pink Lemonade, Watermelon

Poor Choice

Rating: **67.2** points



SUPPLEMENT FACTS

Serving Size 1 Scoop (5.6g)
Servings Per Container 90

	Amount per serving	% Daily Value†
Calcium (as Calcium AAC)	25 g	2%
Magnesium (as Magnesium AAC)	30 mg	7%
Zinc (as Zinc AAC)	5 mg	45%
Sodium (as Sodium Citrate, Real Salt® Sodium Chloride)	250 mg	11%
Potassium (as Potassium Citrate)	300 mg	6%
BCAA 2:1:1 (L-Leucine, L-Isoleucine, Valine) (Vegan)	500 mg	**
Natural Caffeine (Coffea robusta) (bean)	120 mg	**
Real Salt® Powder	50 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established

Ingredients

Citric Acid, Malic Acid, Natural Flavors, Cellulose Gum, Stevia Extract, Beet Root Powder (for Color), Calcium Silicate, Silicon Dioxide. Contains 120mg Caffeine per Serving.

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