

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT



Manufacturer: Jiasaw Health

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www.jigsawhealth.com/products/electro-

lyte-supreme



USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity

Jigsaw Health Electrolyte Supreme

Description: (from Manufacturer's Website)

Full Spectrum Elextrolyte Powder with Minerals &

Vitamins.

Primary Application(s):

Sports Activity (Fitness)

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$0.92

3rd Party Certifications:

Keto-Paleo Friendly, Gluten Free, Soy Free, Non-GMO

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Fruit Punch, Berry-Licious, Lemon-Lime

Acceptable

Rating: **78.6** points



60 servings per container Serving Size	1 packet	(5.6 g
Amount per serving Calories		10
	nt per serving	%DV*
Total Carbohydrate	2 g	<19
Total Sugar	0 g	
Includes 0g of Added Sugar	_	09
Erythritol	2 g	
Vitamin C (as calcium ascorbate)	260 mg	2899
Vitamin B6 (as pyridoxal-5-phosphate)	1 mg	59'
Vitamin B12 (as methylcobalamin)	6 mcg	250
Biotin	75 mcg	250
Calcium (as calcium ascorbate)	30 mg	3'
lodine (as potassium iodide)	50 mcg	33'
Magnesium (as dimagnesium malate) Albion®	20 mg	5'
Zinc (as zinc bisglycinate chelate) TRAACS™	3.75 mg	34
Selenium (as I-selenomethionine)	18 mcg	33'
Copper (as copper bisglycinate chelate)	200 mcg	23'
Manganese (as manganese bisglycinate chelate) TRAACS™	0.5 mg	22'
Chromium (as chromium nicotinate glycinate chelate) TRAACS™	40 mcg	115
Sodium (as sea salt, sodium bicarbonate)	270 mg	12'
Potassium (as potassium chloride, potassium bicarbonate, potassium iodide)	210 mg	5'
Chloride (as potassium chloride)	200 mg	9'

Ingredients

Organic Erythritol (Pyure®, for sweetness), Citric Acid (as bicarbonate reactor, for flavor), Natural Triple Berry Flavor (no MSG, for tartness), Stevia Leaf Extract (for sweetness), Red Beet Juice (for color), Silicon Dioxide (reduces clumping), Monk Fruit Extract (for sweetness).

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