

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

CON - Contains Some Artificial Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Low Glycemic Index

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits

CF Nutrition

Manufacturer:

CF Nutrition

Phone: 858-649-1070

Email: support@drinkcf.com

shop.drinkclearfast.com/products/cfrehydrate-2-pack-32oz



CF Rehydrate

Description: (from Manufacturer's Website)

Designed for Medical Grade Hydration. Electrolytes You Need Without Harmful Additives.

Primary Application(s):

Daily Hydration, Clinical/Medical Supplement, Recovery

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$2.49

3rd Party Certifications:

Vegan, Kosher, Halal, Gluten Free

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Orange, Kiwi Strawberry, Aloha Blend

Acceptable

Rating: **72.4** points



Nutrition Facts

About 3 servings per container

Serving size **12 fl oz (355mL)**

Calories	Per serving	Per container
	40	110
	% Daily Value*	% Daily Value*
Total Fat	0g 0%	0g 0%
Sodium	470mg 20%	1280mg 56%
Total Carbohydrate	7g 3%	18g 7%
Total Sugars	0g	1g
Incl. Added Sugars	0g 0%	1g 2%
Protein	0g	0g
Potassium	140mg 4%	390mg 8%
Phosphorus	190mg 15%	510mg 40%
Magnesium	25mg 6%	60mg 15%
Zinc	3mg 25%	8.1mg 70%
Selenium	12mcg 20%	32mcg 60%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, or iron

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients

Water, Maltodextrin, L-Citrulline, Salt, Sodium Citrate, Malic Acid, Natural Flavors, Potassium Phosphate, Potassium Chloride, Magnesium Chloride, Stevia Leaf Extract, Zinc Sulfate, Sodium Selenite.

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