

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

PRO - Balanced Electrolytes/RapidHydration

Flavoring:

CON - Contains Some Artificial Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

CON - Contains Only Artificial Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity



LEAN
HYDRATION™

Every Body Better

Manufacturer:

Lean Hydration

Phone: N/A

Email: customerservice@leanhydration.com

www.leanhydration.com/products/lean-hydration%E2%84%A2-electrolyte-drink-mix-16-servings



Lean Hydration Daily Electrolyte

Description: (from Manufacturer's Website)

Maximize Hydration with Electrolytes and Coconut Water Powder. Boost Metabolism with Green Tea Extract.

Price per Serving:** \$1.56

3rd Party Certifications:

Non-GMO, Gluten Free

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Orange Yuzu, Pineapple Mango, Strawberry Kiwi Melon

Primary Application(s):

Daily Hydration

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

Tree Nuts and/or Coconut

Acceptable

Rating: **79.0** points



Nutrition Facts

16 servings per container

Serving size **1 Stickpack (5.5 g)**

Amount per serving

Calories **0**

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate <1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%

Protein 0g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0mg	0%
Potassium 370mg	8%
Vitamin C 100mg	110%
Vitamin B ₆ 3mg	180%
Vitamin B ₁₂ 8mcg	330%
Pantothenic Acid 10mg	200%
Magnesium 100mg	25%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Citric Acid, Malic Acid, Natural and Artificial Flavors, Potassium Chloride, Magnesium Citrate, Pink Himalayan Sea Salt, Sucralose, Coconut Water Powder, Ascorbic Acid (Vitamin C), Silicon Dioxide, Calcium Silicate, Decaffeinated Green Tea Extract, Beta Carotene (color), Calcium Pantothenate, Pyridoxine Hydrochloride (Vitamin B6), Methylcobalamin (Vitamin B12). Contains: Tree Nuts (Coconut).

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