

# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT



### Manufacturer:

G Fuel. LLC/Gamma Labs

Phone: 877-426-6262 Email: info@gfuel.com

www.gfuel.com/collections/hydration-formula



### **USBRB Commentary** (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

CON - Contains Artificial Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

CON - Contains Only Artificial Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity

## G Fuel Hydration

Description: (from Manufacturer's Website)

Electrolytes Plus Essential Vitamins, Minerals and Antioxidants.

Primary Application(s):

Supplement

Beverage Form:

Powder - Bulk

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:\*\* \$0.87 3rd Party Certifications:

None

Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Bubblegum Lemonade, Strawberry Guava Coconut, Grapefruit/Strawberry/Pineapple, Raspberry Lemonade, Blueberry Lemonade

### **Poor Choice**

Rating: **60 8** points



Supplement Serving Size: 1 Scoop (2.2 grams) Servings Per Tub: 30	Fac	:ts
Amount	Per Serving	9 % DV
Calories	0	
Total Fat	0 g	0%
Total Carbohydrate	<1 g	<1%*
Sugars	0 g	†
Vitamin C (as Ascorbic Acid)	65 mg	72%
Vitamin D (as Cholecalciferol)	10 mcg	50%
Vitamin E (as DI-Alpha Tocopheryl Acetate)	3 mg	20%
Vitamin B6 (as Pyridoxine HCI)	1.66 mg	98%
Vitamin B12 (as Methylcobalamin)	60 mcg	2,500%
Biotin	6 mcg	20%
Magnesium (as Magnesium Citrate)	34 mg	8%
Zinc (as Zinc Bisglycinate Chelate)	2.8 mg	25%
Sodium (as Sodium Chloride)	80 mg	3%
Potassium (as Tri Potassium Citrate Monohydrate	e) 100 mg	2%
L-Tyrosine	250 mg	Ť
* Percent Daily Values are based on a 2000 calorie diet † Daily Value not established		

#### Ingredients

Citric Acid, Natural and Artificial Flavors, Silicon Dioxide, Sucralose, FD&C Red No. 40.

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