



2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

CON - Contains Stimulant(s)

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity



Manufacturer:

Sharkbite Hydration LLC

Phone: N/A

Email: social@sharkbitehydration.com

www.sharkbitehydration.com/collections/all



Sharkbite Hydration + Energy

Description: (from Manufacturer's Website)

Your Ultimate Companion in Achieving Peak Performance and Maintaining Optimal Health. Contains 100mg Caffeine.

Price per Serving:** \$1.67

3rd Party Certifications:

Vegan, Soy Free, Non-GMO, Dairy Free

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Fruit Punch, Strawberry Lemonade

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

Not for Children, Do Not Use if Caffeine Sensitive, Do Not Use if Pregnant, Not for Nursing Mothers

Allergens: (Ingredient Related)

None

Acceptable

Rating: **71.4** points



Nutrition Facts

Serving Size: 1 stick pack (6.55g)
Servings per Container: 24 Calories: **15**

	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 300mg	13%
Total Carbohydrates 4g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 1g Added Sugar	2%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 0mg	0%
Potassium 160mg	4%
Vitamin C 100mg	110%
Phosphorus 70mg	6%
Magnesium 55mg	15%
Zinc 1mg	10%
Chloride 78mg	4%

*Percent Daily Value is based on a 2,000 calorie diet.
** Daily Value not Established.

Ingredients

Cane Sugar, Natural Flavor, Citric Acid, Sea Salt, Magnesium Citrate, Monopotassium Phosphate, Tripotassium Citrate, Calcium Chloride, Fruit & Vegetable Juice (for Color), Calcium Citrate, Natural Caffeine (from Green Coffee Beans), Ascorbic Acid (Vitamin C), Steviol Glycosides (Reb M – Stevia), Zinc Gluconate. Contains 100mg Caffeine per Serving.

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