



2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

CON - Contains Excessive Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

CON - High Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:

Clif Bar & Company

Phone: 800-254-3227

Email: www.clifbar.my.site.com/clifbarhelp-shop.clifbar.com/collections/bloks-energy-chews

Clif Bloks Energy Chews

Description: (from Manufacturer's Website)

Quick, Chewable Energy for Athletes While Training and Racing.

Primary Application(s):

Extreme Workouts

Beverage Form:

Chews/Gummies

Beverage Base:

N/A

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None



Price per Serving:** \$2.94

3rd Party Certifications:

Organic

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Strawberry, Mountain Berry, Citrus, Cran-Razz

Not Recommended

Rating: **52.8** points



Nutrition Facts

Serving Size: 3 pieces (30g)

Servings per Container: 2

Calories: **100**

		% Daily Value *
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Total Cholesterol	0g	0%
Sodium	50mg	2%
Total Carbohydrates	24g	9%
Dietary Fiber	0g	0%
Total Sugars	12g	
Includes 12g Added Sugars		24%
Protein	0g	0%
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0mg	0%
Vitamin C	0mg	0%
Potassium	18mg	0%

*Percent Daily Value is based on a 2,000 calorie diet.

** Daily Value not Established.

Ingredients

Organic Tapioca Syrup, Organic Cane Sugar, Organic Maltodextrin, Pectin, Citric Acid, Potassium Citrate, Natural Flavor, Sea Salt, Organic Sunflower Oil, Organic Carnauba Wax.

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