



2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

CON - Contains Some Artificial Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

CON - Contains Excessive Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

CON - High Glycemic Index

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:

Otsuka Holdings, Co., Ltd.

Phone: 888-424-1977

Email: hello@trypocari.com

www.trypocari.com/collections/try-pocari/products/copy-of-pocari-sweat-500ml-bottle-6-pack



Pocari Sweat Hydration Drink

Description: (from Manufacturer's Website)

Backed by Science and Decades of Research
for Replenishing the Body Faster Than Drinking
Water Alone.

Primary Application(s):

Daily Hydration, Recovery

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$2.50

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional
information related to their specific flavoring and/or coloring
agents - see individual product labels for details.)

Grapefruit

Not Recommended

Rating: **51.8** points



Nutrition Facts

Serving Size: 1 bottle
Servings per Container: 1 Calories: **123**

	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 245mg	8%
Total Carbohydrates 31g	10%
Dietary Fiber 0g	0%
Total Sugars 29g	
Includes 29g Added Sugar	80%
Protein 0g	
Calcium 10mg	0%
Potassium 100mg	2%
Magnesium 5mg	1%
Chloride 290mg	2%

*Percent Daily Value is based on a 2,000 calorie diet.

Ingredients

Purified Water, Cane Sugar, Less than 1% of Citric Acid, Natural and Artificial Flavors, Sodium Citrate, Grapefruit Juice Concentrate, Salt, Potassium Chloride, Malic Acid, Calcium Lactate, Glucono Delta Lactone, Magnesium Carbonate, Ascorbic Acid (to Help Protect Flavor).

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