

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

CON - Contains Excessive Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:

Knudsen & Sons, LLC/TruRoots, LLC

Phone: 888-569-6993

Email: www.p6-rwknudsenfamily.jmsinf.com/-

www.rwknudsen.com/products/sports-drinks



R.W. Knudsen Recharge Thirst Quencher

Description: (from Manufacturer's Website)

Thirst Quencher Made with All Natural Fruit Juice.

Price per Serving:** \$0.93

3rd Party Certifications:

Non-GMO

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Organic Lemon, Grape, Mixed Berry, Orange

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Poor Choice

Rating: **60.3** points



Nutrition Facts

4 servings per container

Serving size **8 FL OZ (240mL)**

Amount per serving

Calories **80**

% Daily Value*

Total Fat 0g **0%**

Sodium 25mg **1%**

Total Carbohydrate 18g **7%**

Total Sugars 17g

Includes 0g Added Sugars **0%**

Protein 0g

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Filtered Water, Fruit Juice Concentrates, Natural Flavors, Sea Salt, Beta Carotene (for Color).

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