

# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT



Manufacturer:  
Pickle Hydrate Company, LLC

Phone: 832-988-1394  
Email: [www.picklehydrate.com/contact-us](http://www.picklehydrate.com/contact-us)  
[www.picklehydrate.com](http://www.picklehydrate.com)



Not Recommended

Rating: **59.3** points



## USBRB Commentary (PROS/CONS):

### Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

### Electrolyte Content:

CON - Inadequate Amount of Electrolytes

### Electrolyte Balance:

CON - Unbalanced Electrolytes

### Flavoring:

PRO - Contains Natural Flavor(s)

### Coloring:

CON - Contains Artificial Color(s)

### Sugar Content:

PRO - Limited or No Sugar

### Sweetener(s):

NEUTRAL - Does Not Contain Any Sweetener(s), PRO - Does Not Contain Stevia (Diuretic)

### Glycemic Index:

PRO - Will Not Impact Blood Sugar

### Sodium Content:

NEUTRAL - Moderate Sodium

### Stimulants:

PRO - Stimulant Free

### Aids Recovery:

CON - No Recovery Ingredient(s)

### Provides Energy:

CON - No Energy Ingredient(s)

### Other Functional Benefits:

CON - No Other Functional Benefits

## Pickle Hydrate Shot

### Description: (from Manufacturer's Website)

Effective in Cramp Relief, Especially Leg Cramps and Dehydration Caused by Various Factors.

### Primary Application(s):

Sports Activity (Fitness), Recovery

### Beverage Form:

Liquid "Shot"

### Beverage Base:

N/A

### Label (and Other) Warnings:

None

### Allergens: (Ingredient Related)

None

Price per Serving:\*\* \$2.17

### 3rd Party Certifications:

Gluten Free

### Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Dill Pickle

## Nutrition Facts

1 serving per container

Serving size 2.0 fl oz (60ml)

Amount per serving

**Calories** **0**

		% DV*
<b>Total Fat</b>	0g	<b>0%</b>
Saturated Fat	0g	<b>0%</b>
Trans Fat	0g	
Cholesterol	0mg	<b>0%</b>
<b>Sodium</b>	250mg	<b>11%</b>
<b>Total Carbohydrate</b>	0g	<b>0%</b>
<b>Dietary Fiber</b>	0g	<b>0%</b>
<b>Total Sugars</b>	0g	
<b>Protein</b>	0g	

Vitamin A 0%      Vitamin C 0%  
Calcium 0%      Iron 0%

\*Percent Daily Values are based on a 2,000 Calorie diet. Your daily values may be higher Or lower depending on your calorie needs :

### Ingredients

Water, Vinegar, Salt, Natural Flavoring, Polysorbate 80 (Emulsifier), FD&C Yellow #5 (Color), Sodium Benzoate & Potassium Sorbate (Preservatives).

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