

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Slightly High Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Provides Endurance Support, Bolsters Immunity



Manufacturer:
SOS Hydration

Phone: 303-834-9170

Email: store@sosrehydrate.com

www.soshydration.com/collections/sticks



SOS Daily Hydration (Sticks)

Description: (from Manufacturer's Website)

Take Your Daily Hydration to the Next Level with Vitamins and Electrolytes.

Primary Application(s):

Daily Hydration, Extreme Workouts

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$1.50

3rd Party Certifications:

Informed Sport, NSF Certified

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Lemon, Watermelon, Berry, Rainbow Sherbet, Mango

Acceptable

Rating: **79.1** points



Nutrition Facts

Serving Size: 1 stick (6g)

Servings per Container: 8 Calories: **15**

Amount/serving	%DV
Total Fat 0g	0%
Sodium 330mg	14%
Total Carbohydrate 4g	1%
Total Sugars 3g	
Includes 3g Added Sugars	6%
Protein 0g	
Vitamin D 7.5mcg 40% • Potassium 190mg 4% • Vitamin C 54mg 60% • Vitamin B6 1.1mg 60% • Folate 85mcg DFE 20% • Vitamin B12 2mcg 80% • Magnesium 35mg 8% • Zinc 3mg 25% • Chloride 490mg 20%	
Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, calcium and iron.	

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