

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

CON - Limited Hydration Capabilities

Electrolyte Content:

CON - No Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

NEUTRAL - Doesn't Contain Any Flavoring

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

NEUTRAL - Does Not Contain Any Sweetener(s), PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

CON - No Recovery Ingredient(s)

Provides Energy:

CON - No Energy Ingredient(s)

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:
JUST Goods, Inc.

Phone: 855-282-5878

Email: sayhello@justwater.com

www.justwater.com/collections/just-still



Just Water Spring Water

Description: (from Manufacturer's Website)

Still Waters Sustainably Sourced with Naturally Occuring Minerals.

Primary Application(s):

Daily Hydration

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$1.85

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Unflavored

Poor Choice

Rating: **61.9** points



Nutrition Facts

Serving Size: 1 carton (500ml)

Servings per Container: 1

Calories: 0

		% Daily Value *
Total Fat	0g	0%
Sodium	0mg	0%
Protein	0mg	0%

Not a significant source of saturated fat, trans fat, cholesterol, fiber, total sugars, added sugars, vitamin D, calcium, iron and potassium.

*Percent Daily Value is based on a 2,000 calorie diet.

Ingredients

Spring Water.

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