

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT



Manufacturer:

MuscleBlaze/Bright Lifecare Pvt. Ltd.

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Email: info@muscleblaze.com

www.muscleblaze.com/sv/sv/muscleblaze-isotonic-instant-energy-drink-formula/SP-40765



USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

CON - Contains Artificial Color(s)

Sugar Content:

CON - Contains Excessive Sugar

Sweetener(s):

MIXED - Contains Both Natural and Artificial Sweeteners, PRO - Does Not Contain Stevia

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits

MuscleBlaze Hydr8 Isotonic Instant Energy

Description: (from Manufacturer's Website)

A Sports Drink for Athletes, Weight Lifters, and Fitness Enthusiasts to Hydrate and Speed Up Recovery. It Delivers 1002 Mg Electrolytes Which Provide Instant Energy and Prevent Muscle Cramps.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Powder - Bulk

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Alleraens: (Ingredient Related)

None

Price per Serving:** N/A
3rd Party Certifications:

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Orange, Pineapple, Watermelon

Not Recommended

Rating: 47.8 points



Serving Size: 1 Sachet (1)	Jg) Servings per Co	intainer: 3
NUTRIENTS	QTY./SERVING (10g)	%RDA#
Energy (kcal) [^]	29.6	1.09
Protein (g)	0	0.00
Carbohydrate (g)	7.4	
Total Sugars (g)	6.1	
Added Sugars (g)	5.9	
Total Fat (g)	0	
Mineral		
Zinc (mg)	12	70.59
Vitamin		
Vitamin C (mg)	40	50.00
Electrolyte (mg)	1203	
Provides		
Sodium (mg)	333	16.65
Potassium (mg)	185	5.29

Ingredients

Sucrose, Dextrose Anhydrous, Maltodextrin, Acidity Regulator (INS 330), Fruit Powder, Sodium Chloride, Trimagnesium Phosphate, Branched Chain Amino Acids Powder (L-Leucine, L-Isoleucine, L-Valine), L-Glutamine, Nature Identical Flavoring Substance, Potassium Chloride, Anticaking Agent (INS 551), Sucralose Sweetener (INS 955), Synthetic Food Color (INS 100).

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