

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

PRO - Balanced Electrolytes/RapidHydration

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Supports Healthy Cell Function, Heart Health, Prevents Heat Stroke, Helps Treat Ill-



Manufacturer:
Designs for Health, Inc.

Phone: 860-623-6314

Email: support@designsforhealth.com

www.designsforhealth.com/products/electrolyte-synergy



Electrolyte Synergy

Description: (from Manufacturer's Website)

Complete and Balanced Electrolyte Formula to Help Promote Optimal Hydration. Used as a Medicine/Dietary Supplement; Must Have Account + Practitioner to Purchase.

Primary Application(s):

Clinical/Medical Supplement, Daily Hydration

Beverage Form:

Powder - Bulk

Beverage Base:

Still Water

Label (and Other) Warnings:

Consumption Level Warning

Allergens: (Ingredient Related)

None

Price per Serving:** \$1.48

3rd Party Certifications:

Gluten Free, Dairy Free, Soy Free, Vegan, Non-GMO

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Lemon Orange

Top Pick

Rating: **92.1** points



Supplement Facts

Serving Size 8 grams (approx. one scoop)
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories	10
Total Carbohydrate	3 g 1%**
Vitamin C	1734 mg 1927%
(as Ascorbic Acid, Calcium Ascorbate, Magnesium Ascorbate)	
Magnesium	80 mg 19%
(as Di-Magnesium Malate, Magnesium Ascorbate)	
Chloride (as Sodium Chloride)	190 mg 8%
Sodium (as Sodium Chloride)	110 mg 5%
Potassium (as Potassium Bicarbonate, Potassium Aspartate)	170 mg 4%
D-Ribose	757 mg *
Taurine	379 mg *
Citrus Bioflavonoids	14 mg *
Quercetin	13 mg *
Rutin	7 mg *

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

Ingredients

Natural Flavors, Tapioca Dextrin, Certified Organic Stevia Leaf (Stevia Rebaudioana), Citric Acid.

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