

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Slightly High Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

MIXED - Contains Both Natural and Artificial Sweeteners, PRO - Does Not Contain Stevia

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Helps Treat Illness



Manufacturer:
Rite Aid

Phone: 800-748-3243

Email: www.riteaid.com/customer-support

www.riteaid.com/shop/rite-aid-electrolyte-solution-strawberry-1-1-qt



Rite Aid Electrolyte Solution

Description: (from Manufacturer's Website)

Compare to Pedialyte®. Quickly Replenishes Fluids, Zinc, and Electrolytes Lost During Diarrhea and Vomiting More Effectively than Sports Drinks, Sodas, Juices, and Water to Prevent Dehydration.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$2.16

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Strawberry

Poor Choice

Rating: **65.9** points



Nutrition Facts

Serving Size: 12 fl oz (360ml)

Servings per Container: 3

Calories: **35**

		% Daily Value *
Total Fat	0g	0%
Total Carbohydrate	9g	3%
Total Sugars	9g	
Includes 9g Added Sugars		18%
Sodium	370mg	16%
Potassium	280mg	6%
Zinc	2.8mg	25%
Chloride	440mg	20%

*Percent Daily Value is based on a 2,000 calorie diet.

** Daily Value not Established.

Ingredients

Water, Dextrose, Less than 2% of: Citric Acid, Potassium Citrate, Salt, Sodium Citrate, Natural Flavor, Sucralose, Acesulfame Potassium, Zinc Gluconate.

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