

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

CON - Contains Only Artificial Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity



Manufacturer:

MixSupps

Phone: 833-649-7877

Email: orders@mixsupps.com

www.mixsupps.com/products/one-shot-water-amplifier



MixSupps One-Shot Water Amplifier

Description: (from Manufacturer's Website)

Daily Wellness Drink with Carefully Selected Electrolytes, Fiber and Bolsters Immunity Boosters.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$1.25

3rd Party Certifications:

NSF Certified, Vegan

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Key Lime, Rainbow Candy

Poor Choice

Rating: **68.8** points



Supplement Facts

Serving Size 1 Stick (5.6g)
Servings Per Container 40

	Amount per serving	% Daily Value
Calories	10	
Total Carbohydrate	4 g	1%*
Dietary Fiber	3 g	11%*
Vitamin C (as Ascorbic Acid)	149 mg	166%
Vitamin D (as Cholecalciferol)	125 mcg	625%
Magnesium (as Magnesium Malate)	18 mg	4%
Zinc (as Zinc Picolinate)	10 mg	91%
Sodium	300 mg	13%
Potassium (as Potassium Bicarbonate & Potassium Chloride)	88 mg	2%
Vitamin E (as Alpha-Tocopheryl Acetate)	8 mg	**
Nutrunity™ (yeast (<i>Saccharomyces cerevisiae</i>) beta glucans)	100 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Ingredients

Resistant Dextrin, Ancient Sea Salt, Citric Acid, Natural Flavor, Sucralose, Ground Rice Hull, Calcium Citrate.

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