

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:
Levercare

Phone: N/A

Email: lever.care@unilever.com

www.ama-zon.com/Glaxosmith-Kline-BT0500P-Boost-Drink/dp/B00DRE48XQ



Boost Health Energy + Sports Nutrition Drink

Description: (from Manufacturer's Website)

Charged with Advanced Energy Boosters that Give You Extra Energy.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness), Immunity

Beverage Form:

Ready to Drink

Beverage Base:

Dairy

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

Barley, Wheat, Soy, Milk and/or Eggs

Price per Serving:** \$0.52

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Chocolate

Poor Choice

Rating: **64.7** points



Nutrition Facts

Serving Size: 20g
Servings per Container: 25 Calories: **74**

Total Fat	0.5g
Saturated Fat	0.45g
Trans Fat	0.5g
Cholesterol	0.1g
Sodium	90mg
Total Carbohydrate	16g
Dietary Fiber	0.4g
Total Sugars	7g
Includes 7g Added Sugars	
Protein	1.5g
Calcium	115mg
Magnesium	17mg
Vitamin A	125mg
Vitamin B1	0.6mg
Vitamin B2	0.6mg
Vitamin B3	6mg
Vitamin B5	1mg
Vitamin B6	0.6mg
Vitamin B7	5mcg
Vitamin B9	112mcg
Vitamin B12	1.1mcg
Vitamin C	38mg
Vitamin D3	0.6mcg
Copper	
Iodine	40mcg
Iron	9mg
Zinc	9mg

*Percent Daily Value is based on a 2,000 calorie diet.
** Daily Value not Established.

Ingredients

Cereal Extract, Sugar, Wheat Flour, Milk Solids, Minerals, Natural Flavors, Wheat Gluten, Acidity Regulators, Edible Iodized Salt, Cocoa Powder, Vitamins, Soy Protein Isolate. Contains: Wheat, Barley, Milk, Soy.

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