

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT



Manufacturer: Levercare

Phone: N/A

Email: lever.care@unilever.com

www.ama-

zon.com/Glaxosmith-Kline-BT0500P-Boost-Dr

ink/dp/B00DRE48XQ



USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavorina:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits

Boost Health Energy + Sports Nutrition Drink

Description: (from Manufacturer's Website)

Charged with Advanced Energy Boosters that Give You Extra Energy.

Price per Serving:** \$0.52 3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Chocolate

Primary Application(s):

Daily Hydration, Sports Activity (Fitness), Immu-

Beverage Form:

Ready to Drink

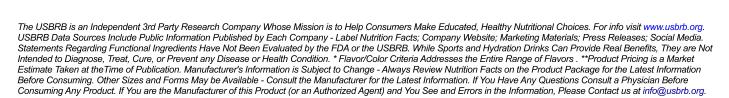
Beverage Base:

Dairy

Label (and Other) Warnings:

None

Alleraens: (Ingredient Related) Barley, Wheat, Soy, Milk and/or Eggs



Poor Choice

Rating: **64.7** points LISBRB 202



Nutrition Facts

Serving Size: 20g Servings per Container: 25

Calories: 74

Total Fat 0.5q

Saturated Fat 0.45g

Trans Fat 0.5q

Cholesterol 0.1g

Sodium 90mg

Total Carbohydrate 16g

Dietary Fiber 0.4g

Total Sugars 7g

Includes 7g Added Sugars

Protein 1.5g

Calcium 115mg

Magnesium 17mg

Vitamin A 125mg

Vitamin B1 0.6mg

Vitamin B2 0.6mg

Vitamin B3 6mg

Vitamin B5 1mg Vitamin B6 0.6mg

Vitamin B7 5mcg

Vitamin B9 112mcq

Vitamin B12 1.1mcq

Vitamin C 38mg

Vitamin D3 0.6mca

Copper

lodine 40mcg

Iron 9ma

Zinc 9mg

*Percent Daily Value is based on a 2,000 calorie diet. ** Daily Value not Established.

Ingredients

Cereal Extract, Sugar, Wheat Flour, Milk Solids, Minerals, Natural Flavors, Wheat Gluten, Acidity Regulators, Edible Iodized Salt, Cocoa Powder, Vitamins, Soy Protein Isolate. Contains: Wheat, Barley, Milk, Soy.