



# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

## USBRB Commentary (PROS/CONS):

### Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

### Electrolyte Content:

PRO - Proper Amount of Electrolytes

### Electrolyte Balance:

CON - Unbalanced Electrolytes

### Flavoring:

PRO - Contains Natural Flavor(s)

### Coloring:

NEUTRAL - Doesn't Contain Any Coloring

### Sugar Content:

PRO - Limited or No Sugar

### Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

### Glycemic Index:

PRO - Will Not Impact Blood Sugar

### Sodium Content:

PRO - Limited or No Sodium

### Stimulants:

PRO - Stimulant Free

### Aids Recovery:

PRO - Aids Recovery

### Provides Energy:

CON - No Energy Ingredient(s)

### Other Functional Benefits:

CON - No Other Functional Benefits

# KOMPLEX NUTRITION

Manufacturer:

Komplex Nutrition

Phone: N/A

Email: [info@komplexnutrition.com](mailto:info@komplexnutrition.com)

<https://komplexnutrition.com/products/rebalance-rx-superfood-hydration>



## Komplex Nutrition Rebalance RX+ Superfood Hydration

### Description: (from Manufacturer's Website)

We Took Everything that Your Body Needs, and Left Out Everything that it Doesn't, to Help Rebalance the Electrolytes in Your Body Which is the Key to Staying Hydrated. Contains: Tree Nuts (Coconut).

### Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

### Beverage Form:

Powder - Pre-Measured

### Beverage Base:

Still Water

### Label (and Other) Warnings:

None

### Allergens: (Ingredient Related)

Tree Nuts and/or Coconut

Price per Serving:\*\* \$1.50

### 3rd Party Certifications:

Non-GMO, Gluten Free, Soy Free, Dairy Free, Vegan, Keto-Paleo Friendly

### Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Orange Citrus, Lemon Lime, Raspberry Lemonade

Acceptable

Rating: **76.9** points



## Supplement Facts

Serving Size: 1 Packet 8.3g (0.29oz)  
Servings Per Container: 20

	Amount Per Serving	
Calories	4.5	**
Total Fat	<1g	1%**
Saturated Fat	0g	0%**
Trans Fat	0g	**
Cholesterol	5mg	2%**
Sodium (as Himalayan Pink Sea Salt & Disodium Phosphate)	123.1mg	5%**
Total Carbohydrate	0g	0%**
Dietary Fiber	0g	0%**
Total Sugars	0g	**
Includes 0g of Added Sugars		0%**
Protein	0g	0%**
Vitamin D	0mg	0%**
Calcium (as Calcium Citrate)	45mg	3%**
Iron	0mg	0%**
Magnesium (as Magnesium Oxide)	90mg	21%**
Potassium (as Potassium Citrate)	192mg	4%**
Proprietary Blend	4.4g	**
<small>Coconut Water Powder (Cocos nucifera), Lemon Balm Extract (Melissa officinalis) (leaf), Organic Turmeric Powder (Curcuma longa) (root), Apple Cider Vinegar Powder (Malus pumila), Ginger Root 4:1 P.E., Cayenne Pepper Powder (Capsicum annuum) (fruit)</small>		

\* (DV) Daily Value Based on a 2000 calorie diet  
\*\* Daily Value (DV) not established

### Ingredients

Natural Flavors, Silicon Dioxide, Citric Acid, StevioPure (Stevia). Contains: Tree Nuts (Coconut).

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