

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Slightly High Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:

Bare Performance Nutrition, LLC

Phone: 512-420-7648

Email: support@bareperformancenutrition.com

www.bareperformancenutrition.com/products/electrolytes



Bare Performance Nutrition Electro Lytes

Description: (from Manufacturer's Website)

Supplies a Full Electrolyte Profile with 500mg of Sodium Per Serving to Support Hydration and Performance.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness), Extreme Workouts

Beverage Form:

Powder - Bulk

Beverage Base:

Still Water

Label (and Other) Warnings:

Do Not Use if Pregnant, Not for Nursing Mothers

Allergens: (Ingredient Related)

None

Price per Serving:** \$0.90

3rd Party Certifications:

Informed Sport

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Salted Watermelon, Strawberry, Lemon Lime

Acceptable

Rating: **73.7** points



Nutrition Facts

50 Servings Per Container
Serving Size 1 Scoop (6g)

Amount per serving	10	%DV*
Calories		
Total Fat 0g		0%
Saturated Fat 0g		0%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 500mg		22%
Total Carbohydrate 2g		1%
Dietary Fiber 0g		0%
Total Sugars 0g		
Includes 0g Added Sugars		0%
Protein 0g		0%
Vitamin D 0mcg		0%
Calcium 110mg		8%
Iron 0mg		0%
Potassium 170mg		4%
Vitamin B ₆ 2mg		120%
Magnesium 20mg		4%
Chloride 480mg		20%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Malic Acid, Natural Flavors, Pink Himalayan Salt, Potassium Glycinate Complex, Trisodium Citrate, Calcium Bisglycinate Chelate (as TRAACS), Magnesium Bisglycinate Chelate (as TRAACS), Silicon Dioxide, Stevia Leaf Extract, Vitamin B6 (as Pyridoxine Hydrochloride).

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