

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

MIXED - Contains Both Natural and Artificial Sweeteners, PRO - Does Not Contain Stevia

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity



Manufacturer:

Zest Tea

Phone: 855-213-0159

Email: team@zesttea.com

www.zesttea.com/products/lemon-lime-recovery-hydration-powder-packets?selling_plan=594083927



Zest Hydration Electrolyte Powder + Recovery

Description: (from Manufacturer's Website)

Designed with Nutritionists for Optimal Cellular Absorption and the Hydration Your Body Craves.

Price per Serving:** \$1.43

3rd Party Certifications:

Vegan, Gluten Free, Non-GMO

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Lemon Lime

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Acceptable

Rating: **74.4** points



Nutrition Facts

14 servings per container

Serving size **1 stick (12g)**

Amount Per Serving

Calories **35**

% DV*

Total Fat 0g **0%**

Sodium 350mg **15%**

Total Carbohydrate 10g **4%**

Total Sugars 7g

Includes 7g Added Sugars **14%**

Protein 0g

Potassium 350mg **8%**

Vitamin C 70mg **80%**

Niacin 16mg **100%**

Vitamin B6 1.7mg **100%**

Vitamin B12 2.4mcg **100%**

Pantothenic Acid 5mg **100%**

Zinc 1mg **10%**

Chloride 200mg **8%**

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium and iron.

*% DV = %Daily Value

Ingredients

Pure Cane Sugar, Dextrose, Tripotassium Citrate, Citric Acid, Sodium Citrate, Natural Flavor, Sodium Chloride, Steviol Glycosides (Stevia), Ascorbic Acid (Vitamin C), Silicon Dioxide, Nicotinamide (Vitamin B3), Zinc Gluconate, D-Calcium Pantothenate (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Cyanocobalamin (Vitamin B12).

The USBRB is an Independent 3rd Party Research Company Whose Mission is to Help Consumers Make Educated, Healthy Nutritional Choices. For info visit www.usbrb.org. USBRB Data Sources Include Public Information Published by Each Company - Label Nutrition Facts; Company Website; Marketing Materials; Press Releases; Social Media. Statements Regarding Functional Ingredients Have Not Been Evaluated by the FDA or the USBRB. While Sports and Hydration Drinks Can Provide Real Benefits, They are Not Intended to Diagnose, Treat, Cure, or Prevent any Disease or Health Condition. * Flavor/Color Criteria Addresses the Entire Range of Flavors. **Product Pricing is a Market Estimate Taken at the Time of Publication. Manufacturer's Information is Subject to Change - Always Review Nutrition Facts on the Product Package for the Latest Information Before Consuming. Other Sizes and Forms May be Available - Consult the Manufacturer for the Latest Information. If You Have Any Questions Consult a Physician Before Consuming Any Product. If You are the Manufacturer of this Product (or an Authorized Agent) and You See and Errors in the Information, Please Contact us at info@usbrb.org.