

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Slightly High Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

CON - Contains Artificial Color(s)

Sugar Content:

CON - Contains Excessive Sugar

Sweetener(s):

MIXED - Contains Both Natural and Artificial Sweeteners, PRO - Does Not Contain Stevia

Glycemic Index:

CON - High Glycemic Index

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Provides Endurance Support



Manufacturer:
Amazon.com, Inc.

Phone: 888-280-4331

Email: cs-reply@amazon.com

www.amazon.com/Basic-Care-Electrolyte-Powder-Packets/dp/B07QGKQ292



Amazon Basics Care Powder

Description: (from Manufacturer's Website)
Designed for Fast, Effective Rehydration.

Price per Serving:** \$1.35

3rd Party Certifications:
None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Grape, Cherry, Orange, Strawberry Lemonade, Fruit Punch, Apple

Primary Application(s):

Clinical/Medical Supplement, Extreme Workouts

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water Water

Label (and Other) Warnings:

Use Under Medical Supervision, Not for Children (under 1), Consumption Level Warning

Allergens: (Ingredient Related)

None

Not Recommended

Rating: **43.1** points



Nutrition Facts

6 servings per container
Serving size 1 packet (17g)

Amount per serving

Calories 50

% DV*

Total Fat 0g 0%

Sodium 490mg 21%

Total Carbohydrate 12g 4%

Total Sugars 12g

Incl. 12g Added Sugars **24%**

Protein 0g

Potassium 370mg 8%

Chloride 590mg 25%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium and iron.

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Dextrose, Citric Acid, Potassium Citrate, Salt, Natural Flavor, Sodium Citrate, Less Than 2% Of: Calcium Silicate, Acesulfame Potassium, Sucralose, Red 40, and Blue 1

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