

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

MIXED - Contains Both Natural and Artificial Sweeteners, PRO - Does Not Contain Stevia

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits



HYDRATION TABLETS

Manufacturer:

Clinova

Phone: N/A

Email: info@orshydration.com

www.orshydration.com/products/electrolyte-tablets



O.R.S. Sport Hydration Tablets

Description: (from Manufacturer's Website)

Replaces the Salts and Minerals Your Body Loses in Your Sweat as You Exercise, Allowing Your Body to Restore Electrolyte Balance and Absorb More Water, Faster.

Price per Serving:** N/A

3rd Party Certifications:

Vegan, Gluten Free

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Orange, Mixed Berry

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Tablet(s)

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Acceptable

Rating: **76.4** points



Nutrition Facts

Energy		35.7kJ (8.5kcal)
Fat	0g	
- of which saturates	0g	
Carbohydrates	1.29g	
- of which sugars	1.14g	
Protein	0.01g	
Fibre	0g	
Salt	0.65g	
Vitamin D	2.5µg (50% *NRV)	
Riboflavin	0.43mg (31% *NRV)	
Potassium	98.6mg (9% *NRV)	
Chloride	177mg (22% *NRV)	
Magnesium	56mg (15% *NRV)	
Sodium	260mg	
Glucose	1.08mg	
Potassium Chloride	0.372g	
Sodium Chloride	0.292g	

*Nutrient Reference Value

Ingredients

Dextrose Monohydrate (Glucose Syrup); Citric Acid; Acidity Regulator [Sodium Bicarbonate]; Magnesium Carbonate; Potassium Chloride; Sodium Chloride; Anti-Caking Agent (Maize Starch); Natural Orange Flavoring (Maltodextrin, Dextrin, Flavoring Preparations, Natural Flavoring Substances); Sweetener (Sucralose); Color (Beetroot Juice Concentrate); Cholecalciferol (Sucrose, Acacia, Corn Starch, Medium Chain Triglycerides, Silicon Dioxide, Vitamin D3, DL-Alpha-Tocopherol); Riboflavin.

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