

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

CON - Contains Stimulant(s)

Aids Recovery:

CON - No Recovery Ingredient(s)

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits

Alkaline88

Manufacturer:

Alkaline88

Phone: 480-656-2423

Email: info@alkaline88.com

www.thealkalinewaterco.com/pages/a88plus



Alkaline88 Plus Sport

Description: (from Manufacturer's Website)

Pure Ionized Water Enhanced with Pink Himalayan Rock Salt, Plus Flavoring and Vitamins.

Contains 20mg Caffeine.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Ready to Drink

Beverage Base:

Still Water Water

Label (and Other) Warnings:

Not for Children. Do Not Use if Caffeine Sensitive

Allergens: (Ingredient Related)

None

Price per Serving:** \$3.33

3rd Party Certifications:

Clean Beverage, BPA-Free, Fully Recyclable

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Fruit Punch, Limon Citrus, Jolly Watermelon, Very Berry

Poor Choice

Rating: **68.9** points



Nutrition Facts

Serving Size: 1 Bottle
Servings per Container: 1

Amount Per Serving	% Daily Value
Calories	0
Total Fat 0g	0%
Cholesterol 0g	0%
Sodium 5mg	0.2%
Total Carbohydrates 0g	0%
Sugars 0	
Includes 0g added Sugars	0%
Sugar Alcohol 0g	
Protein 0g	0%
Niacinamide (B3) 3mg	20%
Vitamin B6 0.2625mg	20%
Ginseng 93.75mg	**
Pantothenic Acid (B5) 1.125mg	22%
Guarana 93.75mg	**
Methylcobalamin (B12) 0.48	20%

Not a significant source of saturated fat, trans fat, fiber, protein, calcium, iron, potassium.

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Contains 20mg of caffeine from Guarana Extract.

**Daily Value Not Established.

Ingredients

Purified Water, Natural Fruit Punch Flavor, Citric Acid, Artificial Color, Energy Premix, Purple Color, Stevia Extract, Natural Cloud, Monk Fruit Extract, Pink Himalayan Rock Salt.

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