



# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

## USBRB Commentary (PROS/CONS):

### Hydration Capabilities:

CON - Limited Hydration Capabilities

### Electrolyte Content:

CON - No Electrolytes

### Electrolyte Balance:

CON - Unbalanced Electrolytes

### Flavoring:

PRO - Contains Natural Flavor(s)

### Coloring:

PRO - Contains Natural Color(s)

### Sugar Content:

PRO - Limited or No Sugar

### Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

### Glycemic Index:

NEUTRAL - Medium Glycemic Index

### Sodium Content:

PRO - Limited or No Sodium

### Stimulants:

CON - Contains Stimulant(s)

### Aids Recovery:

PRO - Aids Recovery

### Provides Energy:

PRO - Boosts Energy

### Other Functional Benefits:

PRO - Bolsters Immunity

# FRS<sup>®</sup> HEALTHY ENERGY<sup>®</sup>

Manufacturer:

FRS International LLC

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[www.frs-international.com/collections/-soft-chews](http://www.frs-international.com/collections/-soft-chews)

## FRS Healthy Energy Caffeine

Description: (from Manufacturer's Website)

Individually Wrapped Chews that Deliver Healthy Sustained Energy for Chemotherapy Patients or People with Compromised Bolsters Immunity. Contains 20mg Caffeine.

Primary Application(s):

Extreme Workouts, Energy/Caffeine

Beverage Form:

Gel

Beverage Base:

N/A

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None



Price per Serving:\*\* \$1.20

3rd Party Certifications:

None

Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Pomegranate Blueberry, Pineapple Mango

Poor Choice

Rating: **69.2** points



### Supplement Facts

Serving Size: 2 Chews

Servings Per Container: 15

7/2020: Format & % Daily Values updated per new FDA requirements. Our formula has **not** changed.

Amount Per Serving	% Daily Value*
Calories 40	
Total Fat <1g	1%
Total Carbohydrate 8g	3%
Total Sugars 6g	†
Includes 6g Added Sugars	12%
Vitamin C 120mg	133%
Vitamin E 13.5mg	90%
Thiamine 1.5mg	125%
Riboflavin 1.7mg	131%
Niacin 20 mg	125%
Vitamin B6 2mg	118%
Vitamin B12 6mcg	250%
Quercetin 250mg	†
Catechins 20mg	†
Caffeine 20mg	†

\* Percent Daily Values based on 2000 calorie diet

† Daily Values not established

### Ingredients

Raw Cane Sugar, Brown Rice Syrup, Rice Syrup Solids, Soy Lecithin, Natural Flavors, Quercetin (QU995™), Palm Oil, Carnauba Wax, Ascorbic Acid (Vitamin C), Citric Acid, Glycerine, Green Tea Extract, Alpha-Tocopheryl Acetate (Vitamin E), Malic Acid, Niacinamide, Caffeine, Rebiana (Stevia Extract), Pyridoxine Hydrochloride (Vitamin B6), Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Cyanocobalamin (Vitamin B12). Contains 20mg Caffeine per Serving.

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