

# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

## USBRB Commentary (PROS/CONS):

### Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

### Electrolyte Content:

CON - Inadequate Amount of Electrolytes

### Electrolyte Balance:

CON - Unbalanced Electrolytes

### Flavoring:

PRO - Contains Natural Flavor(s)

### Coloring:

NEUTRAL - Doesn't Contain Any Coloring

### Sugar Content:

PRO - Limited or No Sugar

### Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

### Glycemic Index:

PRO - Low Glycemic Index

### Sodium Content:

NEUTRAL - Moderate Sodium

### Stimulants:

PRO - Stimulant Free

### Aids Recovery:

CON - No Recovery Ingredient(s)

### Provides Energy:

PRO - Boosts Energy

### Other Functional Benefits:

CON - No Other Functional Benefits

# yohemite

Manufacturer:

Yohemite Co., Ltd.

Phone: N/A

Email: [team@yohemite.com](mailto:team@yohemite.com)

[www.yohemite.com/product](http://www.yohemite.com/product)



## Yohemite Electrolyte Tablets

Description: (from Manufacturer's Website)

Sugar-Free, Effervescent Electrolyte Drink Tablets for Hydration and Energy.

Price per Serving:\*\* \$0.89

3rd Party Certifications:

None

Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Green Grapes, Lemon, Peach, Original

Primary Application(s):

Daily Hydration

Beverage Form:

Tablet(s)

Beverage Base:

Effervescent

Label (and Other) Warnings:

Not for Children

Allergens: (Ingredient Related)

None

Not Recommended

Rating: **58.0** points



## Supplement Facts

Serving Size: 1 tablet

Servings per Container: 10

Calories: **11**

Total Carbohydrates 0g

Total Sugars 0g

Sodium 15mg

Potassium 121mg

Calcium 0.2mg

Magnesium 0mg

### Ingredients

Citric Acid, Sodium Bicarbonate, Potassium Hydrogen Carbonate, Taurine, Calamansi Flavored Powder, D-Sorbitol, D-Malitol, Microcrystalline Cellulose, Modified Starch, Calcium Carbonate, Acesulfame Potassium, Aspartame, Sucralose, Magnesium Carbonate, Erythritol, Enzymatically Modified Stevia.

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