

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Slightly High Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

CON - High Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity



Manufacturer:
Craft Hydration, Inc.

Phone: N/A

Email: support@sapsoriginal.com

www.sapsoriginal.com/products/flavors



Sap's - a Drink for Sports

Description: (from Manufacturer's Website)

A Drink for Sports & Everything Else to Fuel Your Workouts, Late Nights, and Overall Wellness.

Primary Application(s):

Sports Activity (Fitness)

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

Tree Nuts and/or Coconut

Price per Serving:** \$3.00

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Passionfruit, Lemon Lime, Blackberry-Citrus

Poor Choice

Rating: **68.4** points



Nutrition Facts

1 serving per container **Serving size 16oz (330ml)**

Amount per serving **Calories 35**

% Daily Value *

Total Fat 0g **0 %**

Sodium 550mg **24 %**

Total Carbohydrate 10g **4 %**

Total Sugars 5g

Protein 0g

Vitamin D3 50mg **250 %**

Calcium 129mg **10 %**

Iron 1mg **6 %**

Potassium 476mg **10 %**

Vitamin C 16mcg **20 %**

Niacin 5mg **30 %**

Vitamin B6 1mg **60 %**

Folate 500mcg DFE **130 %**

Vitamin B12 5mcg **210 %**

Magnesium 100mg **25 %**

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber and added sugar.

The % Daily Value tells you how much each nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Shiitake Mushroom, Monk Fruit, Ginseng Extract, Ginger Root, Citric Acid, Glycine, Coconut Water Powder, SAP's Electrolyte Blend (Chloride, Sodium, Calcium, Folate, Vitamin B3, Vitamin B6, Vitamin B12, Vitamin C, Vitamin D3, Potassium, Magnesium), L-Glutamine, D-Glucuronolactone, L-Cysteine. Contains: Tree Nuts (Coconut).

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