

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

NEUTRAL - Doesn't Contain Any Flavoring

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

CON - No Recovery Ingredient(s)

Provides Energy:

CON - No Energy Ingredient(s)

Other Functional Benefits:

CON - No Other Functional Benefits

BANU

BAMBOO WATER

Manufacturer:

Banu Organic

Phone: N/A

Email: N/A

www.banubamboo.com



Banu Bamboo Water

Description: (from Manufacturer's Website)

Plant Based Hydration, Extract of Bamboo

Leaves, Blue Spirulina, Sparkling Water.

Price per Serving:** N/A

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Unflavored

Primary Application(s):

Daily Hydration

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Poor Choice

Rating: **65.1** points



Serving Size: 16.9 Fl. Oz. (500mL)
Servings per Container: 2

Amount per serving

Calories

0

% Daily Value*

Total Fat 0g	0 %
Saturated Fat 0g	0 %
Trans Fat 0g	
Cholesterol 0mg	0 %
Sodium 20mg	1 %
Total Carbohydrate 0g	0 %
Dietary Fiber 0g	0 %
Total Sugars 0g	0 %
Protein 0g	
Vitamin D 0mcg	0 %
Calcium 14mg	2 %
Iron 0mg	0 %
Potassium 0mg	0 %

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Purified Water, Bamboo Leaf Extract (Phyllostachys Edulis), Natural Flavor and Citric Acid.

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