

# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

## USBRB Commentary (PROS/CONS):

### Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

### Electrolyte Content:

PRO - Proper Amount of Electrolytes

### Electrolyte Balance:

CON - Unbalanced Electrolytes

### Flavoring:

PRO - Contains Natural Flavor(s)

### Coloring:

NEUTRAL - Doesn't Contain Any Coloring

### Sugar Content:

PRO - Limited or No Sugar

### Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

### Glycemic Index:

PRO - Will Not Impact Blood Sugar

### Sodium Content:

NEUTRAL - Moderate Sodium

### Stimulants:

PRO - Stimulant Free

### Aids Recovery:

PRO - Aids Recovery

### Provides Energy:

PRO - Boosts Energy

### Other Functional Benefits:

CON - No Other Functional Benefits



**BIOSTEEL**

Manufacturer:

Biosteel US

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[www.biosteel.com/collections/sports-drinks](http://www.biosteel.com/collections/sports-drinks)



## Biosteel Sports Drink

Description: (from Manufacturer's Website)

Designed to Keep You Hydrated Throughout the Day.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:\*\* \$2.50

3rd Party Certifications:

Vegan, Non-GMO, Gluten Free, BPA-Free

Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Rainbow Twist, Blue Raspberry, White Freeze, Mixed Berry, Cherry Lime, Peach Mango

Highly Recommended

Rating: **80.1** points



## Nutrition Facts

1 serving per container  
Serving size 16.7 fl oz (500 mL)

Amount per serving  
**Calories** **10**

% Daily Value\*

Total Fat 0 g 0%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 230 mg 10%

Total Carbohydrate 1 g 0%

Dietary Fiber 0 g 0%

Total Sugars 0 g

Includes 0 g Added Sugars 0%

Protein 0 g

Vitamin D 0 mcg 0%

Calcium 50 mg 4%

Iron 0 mg 0%

Potassium 230 mg 4%

Magnesium 25 mg 6%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

### Ingredients

Water, Citric Acid, Electrolytes (Sodium Citrate, Potassium Citrate, Calcium Carbonate, Magnesium Carbonate, Sea Salt), Natural Flavors, Stevia Leaf Extract, Fruit and Vegetable Juice (Color).

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