

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Excessive Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

CON - High Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

CON - No Energy Ingredient(s)

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:

Redmond Life

Phone: 800-367-7258

Email: connect@redmond.life

www.redmond.life/products/re-lyte-hydration-stick-packs-30-ct



Redmond Re-Lyte Hydration

Description: (from Manufacturer's Website)

An Effective, Refreshing Hydration Mix You Can Feel Good About Drinking Daily.

Price per Serving:** \$1.30

3rd Party Certifications:

Vegan, Keto-Paleo Friendly

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Strawberry Lemonade, Mango, Pina Colada, Watermelon Lime, Mixed Berry, Lemon Lime, Unflavored

Primary Application(s):

Daily Hydration

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

Tree Nuts and/or Coconut

Not Recommended

Rating: **51.9** points



Supplement Facts

Serving Size 1 stick pack (6.2g)
Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories	0	
Total Fat	0 g	0%*
Total Carbohydrate	0 g	0%*
Total Sugars	0 g	†
Calcium (as Calcium Carbonate)	60 mg	5%
Magnesium (as Magnesium Malate, Magnesium Glycinate)	50 mg	12%
Chloride	1280 mg	56%
Sodium	810 mg	35%
Potassium (as Potassium Citrate)	400 mg	9%
Coconut Water Powder	80 mg	†

* Percent Daily Values are based on a 2000 calorie diet
† Daily Value not established

Ingredients

Ancient Sea Salt (Redmond Real Salt®), GMO-Free Citric Acid, Natural Mango Flavor, Rebaidioside A (Stevia Leaf Extract), Natural Flavors. Contains: Tree Nuts (Coconut).

The USBRB is an Independent 3rd Party Research Company Whose Mission is to Help Consumers Make Educated, Healthy Nutritional Choices. For info visit www.usbrb.org. USBRB Data Sources Include Public Information Published by Each Company - Label Nutrition Facts; Company Website; Marketing Materials; Press Releases; Social Media. Statements Regarding Functional Ingredients Have Not Been Evaluated by the FDA or the USBRB. While Sports and Hydration Drinks Can Provide Real Benefits, They are Not Intended to Diagnose, Treat, Cure, or Prevent any Disease or Health Condition. * Flavor/Color Criteria Addresses the Entire Range of Flavors. **Product Pricing is a Market Estimate Taken at the Time of Publication. Manufacturer's Information is Subject to Change - Always Review Nutrition Facts on the Product Package for the Latest Information Before Consuming. Other Sizes and Forms May be Available - Consult the Manufacturer for the Latest Information. If You Have Any Questions Consult a Physician Before Consuming Any Product. If You are the Manufacturer of this Product (or an Authorized Agent) and You See and Errors in the Information, Please Contact us at info@usbrb.org.