

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USB RB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

MIXED - Contains Both Natural and Artificial Sweeteners, PRO - Does Not Contain Stevia

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

CON - Contains Stimulant(s)

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity

STEALTH

Manufacturer:

Secret Training Ltd.

Phone:

N/A

Email:

sales@secret-training.com

www.secret-training.com/collections/nutrition/energy-gels



Stealth Energy Gels Caffeine & Betaine

Description: (from Manufacturer's Website)

Contains a Unique Blend of Ingredients to Improve Performance and Deliver Caffeine Fast to the Muscles. Contains 75mg Caffeine.

Primary Application(s):

Extreme Workouts, Energy/Caffeine

Beverage Form:

Gel

Beverage Base:

N/A

Label (and Other) Warnings:

Not for Children, Do Not Use if Caffeine Sensitive, Do Not Use if Pregnant, Not for Nursing Mothers

Allergens: (Ingredient Related)

None

Price per Serving:** N/A

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Berry

Poor Choice

Rating: **60.1** points



Nutrition Facts

Serving Size: 1 packet (60g)

Servings per Container: 1

Calories: **87**

	% Daily Value *
Total Fat 0g	
Saturated Fat 0g	
Sodium 50mg	
Total Carbohydrates 22g	
Total Sugars 2.9g	
Protein 0.1g	
Fiber 0.3g	
Vitamin C 19mg	25%
Vitamin B3 4.1mg	26%
Vitamin B5 1.6mg	26%
Vitamin B2 0.4mg	26%
Vitamin B6 0.4mg	26%

*Percent Daily Value is based on a 2,000 calorie diet.

Ingredients

Water, Maltodextrin, Sticky Rice Starch, Fructose, Taurine, Betaine (0.5g/Gel), Glucuronolactone, Acidity Regulators (Citric Acid, Sodium Citrate), Natural Flavoring, Elderberry Extract, Caffeine, Preservatives (Sodium Benzoate, Potassium Sorbate), Gelling Agent (Gellan Gum), Sweeteners (Acesulfame K, Sucralose), Sodium Chloride, Vitamins (C, B3, B5, B2, B6), Contains 75mg Caffeine per Serving.

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