

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:

Honey Stinger

Phone: 866-464-6639

Email: customerservice@honeystinger.com

www.honeystinger.com/collections/sport-hydration-mixes



Honey Stinger Rapid Hydration

Description: (from Manufacturer's Website)

Powdered Hydration Formulated with Delicious

Honey, Sodium and Electrolytes.

Price per Serving:** \$1.25

3rd Party Certifications:

Non-GMO, Gluten Free, Dairy Free

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Black Cherry, Strawberry Lemonade, Lemon Lime

Primary Application(s):

Sports Activity (Fitness)

Beverage Form:

Powder - Bulk

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Poor Choice

Rating: **67.8** points



Nutrition Facts

Serving size

2 tsp. per 16 fl oz of water

Amount per serving

Calories

25

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 270mg **12%**

Total Carbohydrate 7g **3%**

Dietary Fiber 0g **0%**

Total Sugars 2g

Includes 2g Added Sugars **4%**

Protein 0g

Vitamin D 0mcg 0% • Calcium 4mg 0%

Iron 0mg 0% • Potas 92mg 2%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Honey Powder (Tapioca Syrup Solids, Organic Honey), Citric Acid, Sodium Citrate, Natural Flavor, Palintose (Isomaltulose), Tripotassium Citrate, Organic Stevia, Turmeric for Color.

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