



# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

## USBRB Commentary (PROS/CONS):

### Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

### Electrolyte Content:

PRO - Proper Amount of Electrolytes

### Electrolyte Balance:

CON - Unbalanced Electrolytes

### Flavoring:

NEUTRAL - Doesn't Contain Any Flavoring

### Coloring:

NEUTRAL - Doesn't Contain Any Coloring

### Sugar Content:

PRO - Limited or No Sugar

### Sweetener(s):

NEUTRAL - Does Not Contain Any Sweetener(s), PRO - Does Not Contain Stevia (Diuretic)

### Glycemic Index:

PRO - Will Not Impact Blood Sugar

### Sodium Content:

NEUTRAL - Moderate Sodium

### Stimulants:

PRO - Stimulant Free

### Aids Recovery:

PRO - Aids Recovery

### Provides Energy:

PRO - Boosts Energy

### Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:  
Portions Master

Phone: 800-319-7102

Email: [info@portionsmaster.com](mailto:info@portionsmaster.com)

<https://portionsmaster.com/product/electrolyte-plus>



## Portions Master Electrolyte Plus Capsules

### Description: (from Manufacturer's Website)

This Blend of Electrolytes and Vitamin D3 + Bio-perine is Critical to Properly Balance and Exchange Fluids, Keeping Muscle Contractions Regulated and Your Body Hydrated.

### Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

### Beverage Form:

Capsule(s)

### Beverage Base:

N/A

### Label (and Other) Warnings:

None

### Allergens: (Ingredient Related)

None

Price per Serving:\*\* \$0.25

### 3rd Party Certifications:

Non-GMO

### Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Unflavored

Acceptable

Rating: **75.7** points



## Supplement Facts

Serving Size 1 Vegetable Capsule  
Servings Per Container 90

	Amount Per Serving	% Daily Value
Vitamin D-3 (as cholecalciferol)	10 mcg	50%
Calcium (as carbonate)	25 mg	2%
Phosphorous (from sodium phosphate)	37 mg	3%
Magnesium (as oxide)	50 mg	12%
Chloride (from sodium / potassium chloride)	271 mg	12%
Sodium (from sodium chloride / phosphate)	202 mg	9%
Potassium (as chloride)	99 mg	2%
Boron (aminoate)	500 mcg	**
BioPerine® (black pepper fruit extract)	5 mg	*

\*Daily Value not established.

### Ingredients

Vegetable Cellulose, Rice Flour, Vegetable Magnesium Stearate.

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