

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

CON - Contains Excessive Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

CON - High Glycemic Index

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:

Torq USA

Phone: 770-750-4887

Email: info@torqusa.com

www.torqusa.com/torq-performance-hydration



Torq Hydration Drink

Description: (from Manufacturer's Website)

Advanced Hypotonic Formulation Aimed at Optimizing Hydration and Providing Light Fueling.

Price per Serving:** \$2.00

3rd Party Certifications:

Vegan, Dairy Free

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Watermelon, Lemon, Tangerine

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Powder - Bulk

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Not Recommended

Rating: **57.8** points



Nutrition Facts

Serving Size: 1 Level Scoop (18g)

Makes: 16oz (500ml) prepared

Servings Per Container: 30

Amount per serving		
Calories	62	
		%DV*
Total Fat	0g	0%
Saturated Fat	0g	0%
Sodium	275mg	10%
Potassium	63mg	2%
Total Carbohydrate	15g	5%
Sugars	15g	
Protein	0g	
Calcium	37mg	2%
Magnesium	6mg	2%
Chloride	481mg	10%

Not a significant source of calories from fat, trans fat, cholesterol, dietary fiber, vitaminA, vitaminC and iron.
*Percent Daily Values(DV) are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

Ingredients

Sucrose, Dextrose, Citric Acid, Natural Flavoring (3%), Electrolytes (Sodium, Chloride, Calcium Lactate, Potassium Chloride, Magnesium Carbonate).

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