

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

CON - Limited Hydration Capabilities

Electrolyte Content:

CON - No Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

CON - Contains Artificial Color(s)

Sugar Content:

CON - Contains Excessive Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:

Costco

Phone: 800-788-9968

Email: [customerservice.costcobusinessdeliv-](mailto:customerservice.costcobusinessdelivery.com/kirkland-signature-sports-drink%2C-variety%2C-20-fl-oz%2C)

[www.costcobusinessdelivery.com/kirkland-sig-na-ture-sports-drink%2C-variety%2C-20-fl-oz%2C](http://www.costcobusinessdelivery.com/kirkland-signature-sports-drink%2C-variety%2C-20-fl-oz%2C)

Kirkland Sports Drink

Description: (from Manufacturer's Website)

Kirkland Sports Drink Sold in a Variety Pack of 8 Each Fruit Punch, Blue Raspberry, and Orange.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None



Price per Serving:** \$0.83

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Fruit Punch, Blue Raspberry, Orange

Not Recommended

Rating: **40.2** points



Nutrition Facts

Serving Size 500mL (16.9 fl oz)
Servings Per Container 1 bottle

Amount Per Serving	Per Bottle
Calories	100
	% Daily Value*
Total Fat 0g	0%
Sodium 230mg	10%
Potassium 60mg	2%
Total Carbohydrate 31g	10%
Sugars 30g	
Protein 0g	
Not a significant source of calories from fat, saturated fat, trans fat, cholesterol, dietary fiber, vitamin A, vitamin C, calcium and iron.	
* Percent Daily Values are based on a 2,000 calorie diet.	

Ingredients

Water, Sugar, Dextrose, Citric Acid, Natural Flavors, Salt, Sodium Citrate, Monopotassium Phosphate, um Arabic, Ester Gum, Yellow 6.

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