

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Excessive Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

CON - Contains Excessive Sugar

Sweetener(s):

MIXED - Contains Both Natural and Artificial Sweeteners, PRO - Does Not Contain Stevia

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:
Krampade, LLC

Phone: 833-572-6733

Email: howdy@krampade.com

<https://krampade.com/product/krampade-4k-reduced-sugar>



Krampade 4K Reduced Sugar

Description: (from Manufacturer's Website)

Designed for Acute, Active Cramping Associated with Athletes and Athletic Competition. Also Designed to Give Rapid Relief for Severe Cramps. Low Sugar Version.

Price per Serving:** \$0.66

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Lemon-Lime

Primary Application(s):

Daily Hydration, Sports Activity (Fitness), Recovery

Beverage Form:

Powder - Bulk

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Not Recommended

Rating: **45.1** points



Nutrition Facts

About 19 servings per container

Serving size (30g)

Amount Per Serving

Calories **80**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 200mg **9%**

Total Carbohydrate 20g **7%**

Dietary Fiber 0g **0%**

Total Sugars 20g

Includes 20g Added Sugars **40%**

Protein 0g

Vitamin D 0mcg **0%**

Calcium 0mg **0%**

Iron 0mg **0%**

Potassium 4000mg **85%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Sugar, Potassium Chloride, Citric Acid, Sodium Chloride, Potassium Citrate, Advantame®.

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