

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

CON - Contains Excessive Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

CON - No Recovery Ingredient(s)

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:
Corsa Co. LLC

Phone: 310-466-2142

Email: <https://corsa.co/pages/contact>
<https://corsa.co/collections/hydration-tonics>



Corsa

Description: (from Manufacturer's Website)

Delivers a Gold-Standard in Complex Flavor Plus Contains over 350mg of Electrolyte Minerals from Organic Coconuts (More Per Ounce than the Leading Sports Drink) that can Help You Recover or Continue on Your Journey, Wherever Your Destination May Be. Contains: Tree Nuts (Coco-

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

Tree Nuts and/or Coconut

Price per Serving:** \$3.50

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Kola, Orange Spritz, Ginger Hibiscus

Not Recommended

Rating: **52.6** points



Nutrition Facts

1 serving per container
Serving Size 8 oz (237ml)

Amount Per Serving
Calories **60**

% Daily Value*

Total Fat 0g 0%

Sodium 15mg 1%

Total Carbohydrate 15g 5%

Total Sugars 13g

Includes 11g added Sugars 22%

Protein 0g 0%

Potassium 240mg 5%

Magnesium 10mg 2%

Not a significant source of saturated fat, trans fat, cholesterol, or dietary fiber.

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Water, Fairtrade Organic Unrefined Cane Sugar, Organic Coconut Water, Botanical Extracts (Blood Orange Peel, Lime Peel, Cinchona Bark, Gentian Root, Black Pepper, Clove), Tartaric Acid. Contains: Tree Nuts (Coconut).

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