

## 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

# ROMR

#### Manufacturer:

Roar Beverages Inc.

Phone: 844-996-4263

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www.roarorganic.com



#### **USBRB Commentary** (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity

### **ROAR**

#### Description: (from Manufacturer's Website)

Your Support System on Your Journey Toward Greater Wellness, with Electrolytes, Vitamins and Antioxidants.

#### Primary Application(s):

Sports Activity (Fitness)

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

Tree Nuts and/or Coconut

Price per Serving:\*\* \$2.83
3rd Party Certifications:

Vegan, Keto-Paleo Friendly, Gluten Free

#### Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Strawberry Lemonade, Mango Clementine, Cucumber Watermelon, Georgia Peach, Blueberry Acai

#### **Acceptable**

Rating: **74.1** points



## **Nutrition Facts**

	Per serving		Per bottle	
Calories		10		20
		% DV*		% DV*
Total Fat	Og	0%	0g	0%
Saturated Fat	0g	0%	0g	0%
Trans Fat	0g		0g	
Cholesterol	Omg	0%	Omg	0 %
Sodium	50mg	2%	1 <b>10</b> mg	5%
Total Carb	5g	2%	1 <b>1</b> g	4%
Dietary Fiber	0g	0%	0g	0%
Total Sugars	1g		2g	
Added Sugar	1g	2%	2g	4%
Sugar Alcohol	<b>3</b> g		7g	
Protein	Og		<b>Q</b> g	
Vitamin D	Omc <b>g</b>	0%	Omcg	0%
Calcium	1mg	0%	3mg	0%
Iron	Omg	0%	Omg	0%
Potassium	58mg	1%	130mg	3%
Vitamin A	80mcg	8%	180mcg	20%
Vitamin C	40mg	45%	90mg	100%
Vitamin E	1.3mg	8%	3mg	20%
Vitamin B	0.8mg	45%	1.7mg	100%
Vitamin B12	1.1mcg	45%	2.4mcg	100%
Pantothenic Acid	2mg	40%	5mg	100%

\*The % Daily Value tells you how much a nutrient in a serving of lood contribute to a daily diel. 2,000 catories a day is used for general nutrition advice.

#### Ingredien

Dextrose Anhydrous, Citric Acid Anhydrous, Beta Carotene (Color), Vitamin C (Ascorbic Acid), Sodium (Sodium Chloride), Sodium Citrate, Natural Flavor, Potassium (Potassium Chloride), Vitamin B5 (Calcium D Pantothenate), Silicon Dioxide, Sucralose, Vitamin B3 (Niacinamide), Vitamin B12 (Cyanocobalamin), Vitamin B1 (Thiamine Mononitrate), Folic Acid.

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