

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

CON - Contains Only Artificial Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

CON - Contains Stimulant(s)

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity



Manufacturer:

Celsius

Phone: 866-423-5748

Email: celsiuscares@celsius.com

www.celsius.com/products/bcaas



Celsius BCAAs

Description: (from Manufacturer's Website)

BCAAs, Tart Cherry, Electrolytes, Vitamin D3.

Contains 100mg Caffeine.

Primary Application(s):

Energy/Caffeine

Beverage Form:

Ready to Drink

Beverage Base:

Carbonated Water

Label (and Other) Warnings:

Consumption Level Warning, Do Not Use if Caffeine Sensitive, Not for Children, Do Not Use if Pregnant, Not for Nursing Mothers

Allergens: (Ingredient Related)

None

Price per Serving:** \$2.00

3rd Party Certifications:

Gluten Free, Kosher, Non-GMO

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Blue Razz, Blood Orange Lemonade, Tropical Twist

Poor Choice

Rating: **69.3** points



Supplement Facts

Serving Size 12 fl. oz (355mL)

Servings Per Container 1

Amount Per Serving	%DV
Calories	15
Total Carbohydrate	2g 1%†
Total Sugars	0g 0%
Vitamin C (as ascorbic acid)	50mg 56%
Vitamin D3 (as cholecalciferol)	15mcg 75%
Magnesium	4mg <1%
(as magnesium chloride hexahydrate)	
Zinc (as zinc citrate)	5mg 45%
Potassium	11mg <1%
(as monopotassium phosphate)	
BCAA Vegan Blend 4:1:1	2.5g
L-Leucine	**
L-Isoleucine	**
L-Valine	**
Tart Cherry Extract (fruit)	250mg **
Caffeine (anhydrous)	100mg **

Not a significant source of Fat, Saturated Fat, Trans Fat, Cholesterol, Dietary Fiber, and Iron

† Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Ingredients

Carbonated Filtered Water, Citric Acid, Malic Acid, Natural Flavors, Sucralose. Contains 100mg Caffeine per Serving.

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