

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT



Manufacturer: KeyNutrients

Phone: 480-535-1660

Email: care@keynutrients.com

www.keynutrients.com/products/electrolyte-re-

covery-plus-travel-packets



USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

PRO - Balanced Electrolytes/RapidHydration

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity

KeyNutrients Electrolyte

Description: (from Manufacturer's Website)
Take Daily for Energy, Hydration and Keto Diet
Support.

Primary Application(s):

Daily Hydration

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

Consumption Level Warning. Do Not Use if Pregnant. Not forNursing Mothers.

Allergens: (Ingredient Related)

None

Price per Serving:** \$0.63

3rd Party Certifications:

Non-GMO, Keto-Paleo Friendly, Vegan, Gluten Free

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Lemonade, Orange, Peach Mango, Blue Raspberry, Grape, Raspberry, Cherry-Pom, Strawberrv Kiwi

Highly Recommended

Rating: **84.2** points



Supplement Facts

Serving Size: 1 stickpack (4.3g) Servings per Container: 40

Amount Per Serving		% DV
Vitamin C (as ascorbic acid and calcium ascorbate)	n 169 mg	188%
Thiamin (as thiamin HCl)	3 mg	250%
Riboflavin	5 mg	385%
Niacin (as niacinamide)	20 mg	125%
Biotin	300 mcg	1,000%
Pantothenic acid (as calcium d-pantot	henate) 5 mg	100%
Calcium (as calcium lactate and calciu ascorbate)	m 110 mg	8%
Phosphorus (as potassium phosphate	100 mg	8%
Magnesium (as magnesium citrate)	100 mg	24%
Zinc (as zinc citrate)	2.9 mg	26%
Selenium (as selenium amino acid che	late) 15 mcg	27%
Copper (as copper citrate)	0.5 mg	56%
Manganese (as manganese citrate)	0.5 mg	22%
Chromium (as chromium nicotinate glychelate)	cinate 35 mcg	100%
Molybdenum (as sodium molybdate)	7.9 mcg	18%
Chloride (as sodium chloride)	160 mg	7%
Sodium (as sodium chloride)	110 mg	5%
Potassium (as potassium phosphate a potassium aspartate)	nd 250 mg	5%

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value (DV) not established.

Ingredient

Citric Acid, Natural Flavors, Silicon Dioxide, Stevia Leaf Extract, Monk Fruit Extract.

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