

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - High Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

CON - Contains Artificial Flavor(s)

Coloring:

CON - Contains Artificial Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

MIXED - Contains Both Natural and Artificial Sweeteners, PRO - Does Not Contain Stevia

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

CON - High Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:
Abbott Labs

Phone: 800-227-5767

Email: www.pedialyte.com/ask-us/live-sup
www.pedialyte.com/products/half-liter/grape



Pedialyte Half Liters

Description: (from Manufacturer's Website)

Specially Formulated with an Optimal Balance of Sugar and Electrolytes Needed to Help Replenish Vital Fluids and Minerals, Which, When Lost, Can Lead to Dehydration.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness), Recovery

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$3.31

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Grape, Strawberry, Apple, Coconut Burst

Not Recommended

Rating: **55.7** points



Nutrition Facts

Serving size/
Tamaño de la porción
16.9 fl oz (500 mL)

Amount per serving/
Cantidad por porción

Calories/
Calorías **30**

% DV* / % de VD*

Total Fat/Grasa total 0 g 0%

Sodium/Sodio 690 mg 30%

Total Carbohydrate/Carbohidratos totales 8 g 3%

Total Sugars/Azúcares totales 6 g

Incl. 6 g Added Sugars/Incl. 6 g de azúcares añadidos 12%

Protein/Proteína 0 g

Potassium/Potasio 390 mg 8%

Zinc/Zinc 3.9 mg 35%

Chloride/Cloruro 890 mg 40%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, Vitamin D, Calcium, and Iron.

No es una fuente significativa de grasas saturadas, grasas trans, colesterol, fibra dietaria, vitamina D, calcio y hierro.

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Water, Dextrose. Less than 1% of: Sodium Citrate, Citric Acid, Salt, Potassium Chloride, Artificial Flavor, Sucralose, Acesulfame Potassium, Zinc Gluconate, Red 40, and Blue 1.

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