

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Low Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits

cera

Manufacturer:

Cera Products Inc.

Phone: 706-221-1542

Email: customerservice@ceraproducts.us

ceraproductsinc.com/collections/cer-aspport/products/cerasport-large-packets



CeraSport

Description: (from Manufacturer's Website)

Keeps You Hydrated When You Need to Push Yourself with Rice-Based Carbohydrates.

Primary Application(s):

Sports Activity (Fitness)

Beverage Form:

Powder - Bulk

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$0.58

3rd Party Certifications:

Gluten Free, Non-GMO

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Berry, Citrus

Acceptable

Rating: **75.3** points



Nutrition Facts

Serving Size: 3 Tbsp (Yields 16.9 oz/500 mL)
Servings per Container: 19 Calories: 80

	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 230mg	10%
Total Carbohydrates 20g	3%
Dietary Fiber 0g	0%
Total Sugars 4g	
Protein 0g	0%
Potassium 80mg	2%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, total sugars, added sugars, vitamin A, C & D, calcium, and iron. Percent Daily Values (DV) are based on 2,000 calorie diet.

*Percent Daily Values are based on 2,000 calorie diet.

Ingredients

Rice Syrup Solids, Natural Flavors And Colors, Citric Acid, Sodium Chloride, Trisodium Citrate Dihydrate, Potassium Chloride, Reb A (Natural Stevia Leaf Sweetener).

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