

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT



Manufacturer:
Fast&Up

Phone: N/A

Email: info@fastandup.com

www.fastandup.com/active/reload-electrolyte-supplement-orange-flavour



FAST&UP Reload Instant Electrolytes

Description: (from Manufacturer's Website)

Electrolyte Supplement Taken Before Performing Sports Activities.

Price per Serving:** N/A

3rd Party Certifications:

Informed Choice

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Tablet(s)

Beverage Base:

Effervescent

Label (and Other) Warnings:

Not for Children, Consumption Level Warning

Allergens: (Ingredient Related)

None

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - High Amount of Electrolytes

Electrolyte Balance:

PRO - Balanced Electrolytes/RapidHydration

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

MIXED - Contains Both Natural and Artificial Sweeteners, PRO - Does Not Contain Stevia

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

CON - High Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits

Poor Choice

Rating: **63.9** points



Nutrition Facts

Serving Size: 1 tablet
Servings per Container: 20 Calories: **55**

	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 720mg	30%
Total Carbohydrates 11g	4%
Dietary Fiber 0g	0%
Total Sugars 7.6g	
Includes 0g Added Sugar	0%
Protein 0g	
Vitamin C 150mg	187.5%
Vitamin B12 9.6mcg	384%
Magnesium 80mg	21%
Potassium 308mg	15%
Chloride 491mg	61%

*Percent Daily Value is based on a 2,000 calorie diet.

** Daily Value not Established.

Ingredients

Maltodextrin, Citric Acid, Fructose, Sodium Carbonate, Potassium Chloride, Sodium Chloride, Magnesium Carbonate, Colorant: Beetroot Red, Flavor: Orange Ascorbic Acid (Vitamin C), Calcium Carbonate, Sweetener: Sucralose, Cholecalciferol (Vitamin D), Cyanocobalamin (Vitamin B12).

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